

SUNDRIDGE PARK LAWN TENNIS & SQUASH RACKETS CLUB

SQUASH/RACKETBALL BYELAWS 2008

Court Availability

- There are 4 courts. They are open from 9am to 10.30pm. Access is gained using your security swipe card.
- To conserve energy and save costs, the squash court heating is controlled by movement sensors. The temperature can be adjusted by the player. Please remember to switch off the lights when you have finished playing.
- Courts are "free play". There is no court fee/lighting fee to pay – these are included in the membership fees.
- Some courts are pre-booked at certain times – eg for junior squad coaching (on Saturday mornings and Wednesday early evening), for league matches (on Tuesday evenings) and for club nights (first Friday in each month).
- Courts 1 & 2 have low-ish metal roof girders. If the ball hits them, or goes over them, it is deemed "out of court". There are no girders on Courts 3 & 4.

Court Bookings

- Courts, apart from those pre-allocated for coaching, club sessions and club matches, can be booked up to three weeks ahead by writing your name and that of your opponent across the relevant sections of the correct booking sheet for the court that you want to play on. The booking sheet folder is on the table/in the rack next to the squash noticeboard in the clubhouse.
- If you change your mind about the booking, please cancel it by crossing out both names and writing "Free" in the boxes, so that others know they can book that session. There is a £3 charge made for courts that are booked but not played on, nor freed up beforehand for others to use.

Club Sessions

- Club night is held on the first Friday of each month, from 6.30pm. It is open to all adults and older junior players, regardless of ability. Singles games (to best of 3) are played on a rotational basis so that you get to meet other squash members. Afterwards we meet in the bar for a drink and a chat.
- Squash doubles night is every Sunday from about 7pm and is usually followed by a drink and bar snack. If you want to know more, please speak to George Wise (his number is in the Members Contact Details folder in the rack near the squash noticeboard).

Etiquette

- Your shoes must have non-marking soles and otherwise provide suitable support for playing squash (so as to prevent injury)
- Otherwise we have no particular dress code – any sportswear will be fine.
- For some events, and in particular, all junior competitions, matches etc England Squash make it mandatory to wear eye protection. In other circumstances wearing goggles or similar is optional. However, squash balls can do serious damage to eyes, so please do give serious consideration to wearing eye protection. A factsheet from England Squash on why to wear eye protection and what to buy is on the squash noticeboard in the clubhouse.
- A guide to calling "lets" and "strokes" is displayed in the changing rooms.
- Juniors learn etiquette from adult members – so it's up to us to set a good example.

Bringing Visitors to the Club

- Adult squash members and "A" grade junior members may bring a visitor to play up to five times in each Club year, which runs from 1 April to 31 March the following year.
- The member must pay the appropriate visitor's fee (for adults) of £3.00. The junior visitor fee is only £1 per visit. Please hand the money in to the bar, or the club office (if open), or failing both of these, hand it to a member of staff to pass on to the office.
- The member must also enter his or her name and the name of their visitor in the visitors' book which is in the rack by the squash noticeboard. The bar staff who accept your visitors fee will initial the book to show that they have done so.

- Junior "B" and "C" members can only bring a visitor if prior approval has been given by a member of the Junior Committee or Squash Committee.
- Squash members of the Club may play tennis up to five times in each Club year, on all courts except the grass courts, on paying the usual visitors fee for tennis (£3 Mon-Fri 9am-6pm and £5 at other times). However, they cannot bring a visitor to play tennis with them, whether that person is willing to pay the visitor fee or not.
- Members are welcome to bring visitors to the Club premises as spectators. There is no fee for this.

Club Tournaments and Leagues

- The Club runs annual knock-out tournaments, both Singles and Doubles, with part of the entry fee benefiting charities. Reports of Finals Day are put on the website and in the Newsletter.
- The squash box leagues run over 5-6 week periods – just put yourself down as wanting to join in, and an approximate indication of which box would suit your ability best. If you are not sure about this, then contact a member of the Squash Committee, who can arrange for someone to play a friendly and advise you which box league to select. The sheets for results are on the squash noticeboard, along with a reminder of the play format. Box leagues are open to all players – adults and juniors.
- The squash section is renowned for its tours abroad, combining squash and social activities. In 2008, our Centenary Year, a trip is planned to Holland.

Adult Teams

We enter two teams in the Kent Priory Leagues in both Summer and Winter seasons. Currently the Winter teams are in Divisions Two and Four. Anyone who would like to play in the teams should contact Ben Newark (or any other member of the Squash Committee).

Junior Squash Members

- Junior members of the Club can play both sports.
- Junior squash players are treated in exactly the same way as adult squash players – they can book courts in the same way, and are not restricted as to which courts/times they may book
- Junior squash coaching takes place on Saturday mornings and Wednesday early evening. Our Club coach is John Barry, an England Squash registered coach, who can be contacted on 07957 373402. John is happy to arrange to do one-to-one sessions if you prefer.
- Family evening is on Fridays from 6.30pm. Both tennis and squash is played and there is usually a BBQ or other food to follow.
- Our junior team competes in squash tournaments – please contact John Barry for further details.
- Should a junior squash player want to play tennis, it is important that they understand and observe the Tennis Byelaws, especially those applicable to juniors. Please ask for a copy of these from the Club office.

Clubhouse and Bar

- The clubhouse is open to members from 9am until the bar shuts (generally 11pm). You will need your security card to gain access to the clubhouse (and thus to the toilets and the bar). When the bar is closed you can make a cup of tea or coffee in the kitchen area – please put a small donation towards the costs into the container.
- The bar is generally open lunchtimes and evenings for use by members and their guests. Non-members may not use the bar unless they are a guest of a member (due to the terms of our alcohol licence). Please do not buy alcoholic drinks for people under 18 as we are not allowed to serve them alcohol under our licence.
- The bar sells coffee, sweets and snacks, tennis balls, grips and dampers, squash balls and (at weekends) filled rolls.
- If you would like to display a notice on one of the Club noticeboards, please speak first to the Club Administrator, Simon Tyrrell-Lewis. We have a strict policy of displaying only notices that relate to Club business or events, and some other charitable appeals with which one of our members has a connection. We also have a section in the newsletter where members can advertise.